



Welcome to the Fall 2019 Trail Guide!

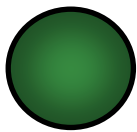
A true sign of life is growth. Plants grow. Trees grow. Kids grow. We grow. God's love fuels our growth. Growth in faith happens as we engage in experiences that allow God to stretch our imaginations and our hearts in our relationships with God and one another.

Long's Chapel exists to worship and *SERVE* God by reaching others and growing together as passionate followers of Jesus, because ALL people matter to God. We are called to *REACH* others, *GROW* together, and *SERVE* passionately. It is our hope that this guide will help you to find ways to *GROW* together.

In this edition of the Trail Guide, you will find a variety of *GROW* opportunities available at Long's Chapel offered August through December 2019. Some of the groups are seasonal studies, some are year-round.

Here in Western North Carolina we are blessed by beautiful mountains and trail systems that help us to navigate anything from simple to rugged terrain. In this edition of our Trail Guide, we are using trail symbols to help you to navigate the *GROW* Group opportunities that we offer. These symbols serve as a guide and remember that all are welcome to attend any of the *GROW* Groups that we offer. It is our prayer that you will be blessed abundantly as you seek to *GROW* together in your relationships with God and one another.

We Offer Three Types of Grow Groups



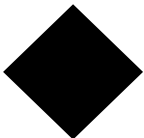
EXPLORING GROW Groups

Are designed for those who are seeking to find joy, purpose and fulfillment in their lives. You might be searching for God's presence and hoping to *GROW* more toward living a life in Christ.



DEVELOPING GROW Groups

Are for disciples who are living into a committed relationship with Jesus. You might be seeking opportunities to explore the Scriptures more in-depth, or maybe you are longing to understand how God might be calling you to engage in the church, community, or the world.



MATURING GROW Groups

Are for people who are moving toward a life of a disciple who is totally devoted to Jesus. You might be seeking study opportunities that will further your understanding of knowledge of God, love of God, obedience to God, serving in the church, reaching into the world, and making disciples.

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To Learn More or to Register for an Opportunity, Please Contact:

ADULTS:

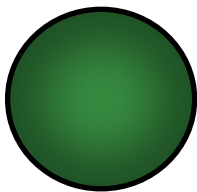
Rev. Grady Wiley at 828.456.3993 Ext. 301 or Grady.Wiley@LongsChapel.com

REVOLUTION STUDENTS (GRADES 6TH-12TH):

Shawn Winburn at 828.456.3993 Ext. 205 or Shawn.Winburn@LongsChapel.com

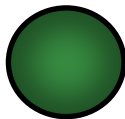
LCKIDS (BIRTH THROUGH 5TH GRADE):

Rev. Kayln Wiley at 828.456.3993 Ext. 207 or Kayln.Wiley@LongsChapel.com



ADULT EXPLORING GROW GROUPS

Are designed for those who are seeking to find joy, purpose and fulfillment in their lives. You might be searching for God's presence and hoping to GROW more toward living a life in Christ.

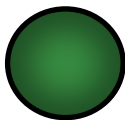


NOT SUPPOSED TO BE THIS WAY WOMEN ONLY

Wednesdays at 6:20 pm | Room TBD | September 4 - October 9

In this study, members will discuss the book, "It's Not Supposed to be This Way: finding unexpected strength when disappointments leave you shattered". Disappointments are an inevitable part of life. Some take us off guard for a moment, and some shatter us completely. Author Lysa Terkeurst provides encouragement and guidance through fresh biblical insight, personal experience, and honest humor. In this women's study, we will learn to navigate through disappointment and loss, finding unexpected strength and hope as we learn to trust God on a journey of healing.

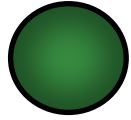
The class is facilitated by Martha Brown.



AN INTRODUCTION TO DISCIPLESHIP BANDS

Wednesdays at 6:20 pm | Room TBD | September 4–October 9

This class is an introduction to the structure and purpose of the Wesleyan discipleship band meetings, and the opportunity to consider forming a band with others. The discipleship band is not a traditional small group, another Bible study, a classic accountability group, or a community service group. The band is a group of 3-5 people who read together, pray together, and meet together to become the love of God for one another and the world. This relationship may be what you are looking for. Come join us to see how God can work through relationships with others to change us and those around us!

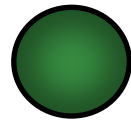


SCRIPTURES AND S'MORES

Tuesdays at 6:30 pm | Various Host Homes | October 9 - November 6

At this informal small group, you are invited to come as you are for this time of conversation and fellowship around a campfire. Throughout the fall, we will spend time asking questions about our faith, the world, and what it means to be a follower of Christ. Whether you are a lifelong Christian or new to church and faith, this is a welcoming place for you. Open to all!

The class is facilitated by Rev. Kayln Wiley and Grady Wiley.

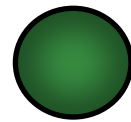


MOM 2 MOM WOMEN ONLY

Thursdays at 6:30 pm | Room 408 | Ongoing

Motherhood is a rewarding journey, but it can also be very challenging. Mom 2 Mom is a group where moms of all ages are welcome to come together to learn what it means to be a Godly mother while keeping your sanity in check. Whether you are an expectant mom looking for guidance, a mom with grandchildren looking to share or gain hope and wisdom, or anywhere in between, Mom 2 Mom is a safe, supportive, and encouraging place to share your struggles and triumphs and learn more about Godly motherhood.

This class is facilitated by Laura Greer, Linda Carlson, and Rebekah Reeves.



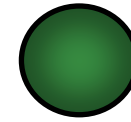
A VERY BASIC INTRODUCTION TO AMERICAN SIGN LANGUAGE

Wednesdays at 4:00 pm | Room TBD | September 4 - October 9

Our focus will be on learning basic American Sign Language. Come and join us as we learn together so that we can communicate the gospel with more people within our community.

The class will be facilitated by Torpy Skinner.

Book required for this class. Books can be purchased in the church office from Grady Wiley.

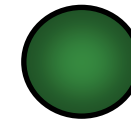


PURE IN HEART

Wednesdays at 6:20 pm | Room 102/105 | Ongoing

Pure in Heart is a discipleship and fellowship opportunity for special needs adults. We engage in developmentally-appropriate crafts, activities, and Scripture lessons.

The class is facilitated by Tracy Fisher.



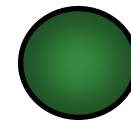
UNITED METHODIST WOMEN'S TRAINING SESSIONS

Wednesdays at 6:20 pm | Room TBD | September 4-September 18

Each year, training is offered to United Methodist Women groups to further the knowledge of the way we serve the Church.

This year we are happy to host the Missionary Conference of the United Methodist Church in the United States. Guest speakers will be Karen Doyle—Oklahoma Indian Missionary Conference on September 4; Peggy Winters—Red Bird Mission on Sept. 11; Erlinda Rogers—Alaska Missionary Conference on September 18.

Participants will need to attend all three sessions to earn credit.

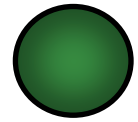


PARENTING IN THE DIGITAL AGE

Wednesdays at 6:20 pm | Room TBD | September 4-October 2

This class is all about how we can support our youth and children as parents and adult advocates in the digital age. We will spend time discussing how we can better communicate with young people and how we can show better examples of our faith on a daily basis. If you are a parent, then this class is a must!!

The class is facilitated by Grady Wiley and friends.

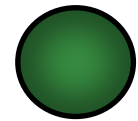


GET MY PEOPLE GOING

Wednesdays at 6:20 pm | Room TBD | September 4 - October 23

Take a healthy lifestyle challenge with others from our congregation. This invitation encourages you to identify small changes in your life that would help you be healthier. You choose two or three areas you would like to work on. You set your goals and we will journey together. Bring your Bible!

The class is facilitated by Cynthia Warner.

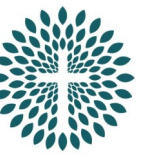


S.H.A.P.E.

Wednesdays at 6:20 pm | Room TBD | October 9 – November 13

We all have unique callings and gifts in the kingdom of God. Have you ever wondered how you figure out what these are? Join us in this study as we discuss how God has made us with special Spiritual Gifts, Hearts, Abilities, Personalities and Experiences that make us beloved children of God. If you are looking for ways to serve the church, then this is a great starting point to getting plugged into your calling.

The class is facilitated by Laura Greer and Grady Wiley.



Adult Developing GROW Groups

Are for disciples who are living into a committed relationship with Jesus. You might be seeking opportunities to explore the Scriptures more in-depth, or maybe you are longing to understand how God might be calling you to engage in the church, community, or the world.



EVERYTHING YOU WANT TO KNOW ABOUT MONEY

Wednesdays at 6:20 pm | Room TBD | September 4 - October 23

You work hard but never seem to have enough money....you want to spend less and save more, but it just isn't happening...COME AND GET PRACTICAL AND BIBLICAL HELP....learn to deal with the treadmill of consumerism and experience the joy of managing all that God has given us....special video presentations are part of this eight-week class.

The class is facilitated by Tom and Sandy Fogarty.



LADIES' BIBLE STUDY

Tuesdays 1:30 - 3:00 pm | Room 600 | August 27 - December 10

This fall we will begin with a study on "Joshua - Winning the Worry Battle" by Barb Roose. This will be a combination of video series, workbook and discussion. The second half of the fall term we will be studying John Ortberg's book, "The Me I Want to Be". Women of all ages are welcome. Books available on Amazon.

The class is facilitated by Sandy Breitmeier



DISCIPLE FAST TRACK

Wednesdays at 6:20 pm | Room TBD | September 25 - November 13

Disciple Fast Track immerses the participant in the Old and New Testaments and provides a viable option for busy people seeking comprehensive engagement over time with the entire Biblical text. Participants read a manageable 3-5 chapters of the Bible daily in preparation for the weekly meetings. A brief, illustrated review video enables participants to recall important facts and ideas; lively and engaging video presenters then offer insights into the current week's session. Participants have the opportunity to determine meaningful ways they can *SERVE* and live out their discipleship commitment.

The suggested donation for the cost of the book is \$15.



PSALMS CLASS WOMEN ONLY

Mondays at 10:00 am | Room 208/210 | Ongoing

The Psalms class is a group of women who gather weekly to study a psalm, discuss its meaning and ways it can be applied to our lives. We gather in a community of support and love with time to uplift one another through prayer. Come one week; come every week. We welcome seasonal residents and vacationing visitors.

The class is facilitated by Denise Loock.



TUESDAY MORNING MEN'S BIBLE STUDY MEN ONLY

Tuesdays at 7:30 am | Room 101 (Fellowship Hall) | Ongoing

All men and guests are welcome to attend this Bible study, prayer, and fellowship. Lessons are led by participants on a rotating basis. The study focuses on the Old and New Testament books of the Bible. The group prepares and serves breakfast at The Open Door the fourth Tuesday of each month at 7:00 am. The class is facilitated by Randy Carlson and Bill Jarrell.

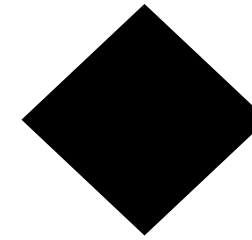


TUESDAY NIGHT MEN'S BIBLE STUDY MEN ONLY

Tuesdays at 6:00 pm* | Room 208/210 | Ongoing

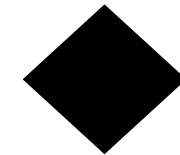
The class provides an opportunity for men to gather for conversation, fellowship, and Bible study. No Bible knowledge is required, because we learn and GROW together. We begin with a fellowship meal (bring your own meal), but all men are welcome with or without food. The class is facilitated by Sonny Lescalleet and Jim Matthews.

*Fellowship meal begins at 6:00 pm and study at 6:30 pm.



ADULT MATURING GROW GROUPS

Are for people who are moving toward a life of a disciple who is totally devoted to Jesus. You might be seeking study opportunities that will further your understanding of knowledge of God, love of God, obedience to God, serving in the church, reaching into the world, and making disciples.



CHRISTIAN WRITERS FELLOWSHIP GROUP

3rd Wednesday at 1:00 pm | Room 208/210 | Ongoing

The mission of the Christian Writers Fellowship of Western North Carolina is to encourage people to share their stories in a safe environment, improve their writing skills, and glorify God with the words they write. The class is facilitated by Denise Loock and Laura Greer.



ADULT SUNDAY SCHOOL OPPORTUNITIES

SON RISE

8:20 am | Room 600

The Son Rise class is our early morning opportunity for spiritual growth, study, and fellowship. We study a variety of Biblical topics and have fruitful discussion each week. Contact the church office for details.

DUGAN-LUNDY

9:40 am | Room 208/210

The Dugan-Lundy class is a group of adults who share in study, fellowship, and life together. Contact the church office for details.

TULLIS

9:40 am | Fellowship Hall

The Tullis class is a group of mature adults who use a Bible-based curriculum that is endorsed by the United Methodist Church that connects the Scriptures to everyday life. Contact the church office for details.

FRIENDSHIP

9:40 am | Room 202

The Friendship class is a diverse class for the young and young-at-heart who look to God's Word as the foundation for facing life. Topics related to life as a Christian (social wisdom, faith application, and hearing God) are studied and discussed. We strive to GROW spiritually and care for and support each other. We GROW together through fellowship outside of class as we celebrate the special events and achievements in each other's lives. There is a strong support network within the class through our established prayer chain. If you enjoy a fun-loving, open-minded Christian experience, come join us. Contact the church office for details.

JIF (JOURNEY IN FAITH)

9:40 am | Room 408

Everyone is welcome to the JIF (Journey in Faith) class. We are a truly multi-generational class that focuses on building relationships as we GROW in our faith together. Each week we engage in Scripture-based studies, enjoy delicious refreshments, join in fellowship and prayer for our community, and GROW in our knowledge of God and each other. Contact the church office for details.

KOINONIA

9:40 am | Room 600

We are a welcoming and engaging Christian fellowship with a gregarious group of believers who study God's truths and support each other in our walks of faith. Enjoy refreshments and friendly conversations prior to the start of each class. Gain a deeper understanding of God's word and purpose for our lives through the teaching and discussions led by our rotating teaching team. Participate in outreach through class-supported missions. Develop and deepen friendships at class social events. Visit and meet the generous, caring, giving, and loving folks you will want to unite with in the Koinonia class. Contact the church office for details.

CHECK IT OUT

11:00 am | Room 600

Check out the Check It Out class, a lively, active group of local and seasonal residents. Delectable snacks and fellowship precede spirited discussions led by several facilitators. Come and join us as we celebrate community life throughout the week with Bible studies, ladies' weekly lunches, volunteer groups, and connection to one another. Contact the church office for details.

SPIRIT BUILDERS

11:00 am | Room 208/210

Spirit Builders is an adult class of all ages focused on strengthening the spiritual development of each individual and learning together as a community in Christ. We are a discussion-type class that allows individuals to question and comment on the subject matter that touches their needs in spiritual growth. In addition to class time on Sundays, we also have social gatherings to further our relationships and experiences together. We are a family within the body of Christ at Long's Chapel. Contact the church office for details.

SPECIAL ADULT GROW OPPORTUNITIES

THE WALK TO EMMAUS

The Walk to Emmaus is an experience of Christian spiritual renewal and formation that begins with a three-day short course in Christianity. It is an opportunity to meet Jesus Christ in a new way as God's grace and love is revealed to you through other believers. The Walk to Emmaus experience begins with the prayerful discernment and invitation from a sponsor. After one accepts the invitation, he or she completes an application. The Emmaus leaders prayerfully consider each application, and, in God's time, the person is invited to participate in a three-day experience of accepting New Testament Christianity as a lifestyle.

Following the three-day experience, participants are joined in small groups to support each other in their ongoing walk with Christ.

Interested in the Walk to Emmaus?

The Men's Fall Walk is September 12-15.

The Women's Fall Walk is November 7-10.

Emmaus Alumni Opportunities:

Men: Wednesday mornings at 7:00 am at the Kornerstone Kafe

Women: Wednesday mornings at 8:30 am at the Coffee Cup Café

ADULT GROW PARTNER ORGANIZATIONS

CELEBRATE RECOVERY

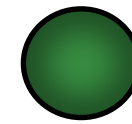
Thursdays at 7:00 pm | Faith Community Church

Celebrate Recovery is a Christ-centered, 12-step recovery program for anyone struggling with hurt, pain, or addiction of any kind. Celebrate Recovery is a safe place to find community and freedom from the issues that are controlling our life. Contact the church office for details.

THE ULTIMATE JOURNEY

The Ultimate Journey discovers a path that will take you where you have always wanted to be. God created you for something more, and He is ready to lead the way. Come aboard. Your journey to freedom awaits.

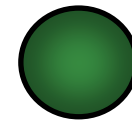
REVOLUTION STUDENT MINISTRIES



MIDDLE SCHOOL SUNDAY SCHOOL

Sundays at 9:40 am | Room TBD | Begins August 25

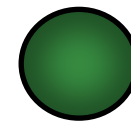
Students in the 6th through 7th grades will be studying the Old Testament using an innovative teaching curriculum called *Collaborate* and will incorporate aspects of the confirmation teaching process that will help prepare rising 7th grade students for their confirmation experience in their 8th grade year. Contact Shawn Winburn for details.



HIGH SCHOOL SUNDAY SCHOOL

Sundays at 9:40 am | Room TBD | Begins August 25

Students in the 8th through 12th grades will be involved in an Old Testament study using a verse by verse teaching format that engages biblical teaching with culturally relevant issues that are a part of a high schooler's life. Contact Shawn Winburn for details.



REVOLUTION SUNDAY NIGHT YOUTH

Sundays at 4:00–6:00 pm | The Underground | Begins August 25

Everyone is invited to gather with us as we play all kinds of unique and fun games, hang out in The Underground, sing our hearts out in worship led by the youth praise band, engage in thought-provoking messages by the youth leaders, and get into breakout group sessions to get deeper into understanding what it means to be a teenager who desires to be a part of God's kingdom here on earth! You are asked to bring a donation for our Compassion Kids each Sunday. Come out and be a part of our amazing youth family. See the following descriptions for middle school and high school opportunities.



MIDDLE SCHOOL GIRLS LIFE GROUP

Wednesdays at 6:20 pm | Room TBD | Begins August 28

Girls in the 6th through 8th grades are given opportunity to build closer relationships with each other and with God. This incredible group of young girls will be led by fun and amazing adult women who *SERVE* as mentors and spiritual directors in their lives. This group has an engaging curriculum to inspire and conjure thoughtful conversation about their spiritual journeys. The goal is to deepen their faith and trust in God as well as to be vulnerable with their peers and learn to support one another. The group is facilitated by Mackenzie Tenan and Lynn Lamar.

MIDDLE SCHOOL BOYS LIFE GROUP

Wednesdays at 6:20 pm | Room TBD | Begins August 28

Boys in the 6th through 8th grades are given opportunity to build closer relationships with each other and with God. This incredible group of young guys will be led by fun and amazing adult men who *SERVE* as mentors and spiritual directors in their lives. This group has an engaging curriculum to inspire and conjure thoughtful conversation about their spiritual journeys. The goal is to deepen their faith and trust in God as well as to feel like they can open up with their peers and learn to support one another. We usually have a time of tossing around a ball or similar activity. The group is facilitated by Fil Colon, Jason Gossett, and Shawn Winburn.

HIGH SCHOOL GUYS LIFE GROUP

Wednesdays at 6:20 pm | Room TBD | Begins August 28

Students in the 9th through 12th grades are given the opportunity to build closer relationships with each other and with God. This incredible group of young guys will be led by fun and amazing adult men who *SERVE* as mentors and spiritual directors in their lives. This group has an engaging curriculum to inspire and conjure thoughtful conversation about their spiritual journeys. The goal is to deepen their faith and trust in God as well as to feel like they can open up with their peers and learn to support one another.

THE PERSISTEERHOOD HIGH SCHOOL GIRLS LIFE GROUP

Wednesdays at 6:20 pm | Room TBD | Begins August 28

Students in the 9th and 10th grades are given the opportunity to build closer relationships with each other and with God. The incredible group of young ladies will be led by fun and amazing adult women who *SERVE* as mentors and spiritual directors in their lives. This group has an engaging curriculum to inspire and conjure thoughtful conversation about their spiritual journeys. The goal is to deepen their faith and trust in God as well as to be vulnerable with their peers and learn to support one another. The group is facilitated by Jordyn Youse, Judy Dodson and Lisa Cook.

HIGH SCHOOL GIRLS DELIGHT LIFE GROUP

Wednesdays at 6:20 pm | Room TBD | Begins August 28

Students in the 11th and 12th grades are given the opportunity to build closer relationships with each other and with God. This incredible group of young ladies will be led by fun and amazing adult women who *SERVE* as mentors and spiritual directors in their lives. The group has an engaging curriculum (*Delight*) to inspire and conjure thoughtful conversation about their spiritual journeys. The goal is to deepen their faith and trust in God as well as to be vulnerable with their peers and learn to support one another. The group is facilitated by Jennifer Smith, Patricia Ryan, and Kathryn Clontz.

8TH GRADE CONFIRMATION

Wednesdays at 6:20 pm | Room TBD | August 28-May 2020

Confirmation is back for 2019! Our student ministry has moved our confirmation class from our sixth grade students to our eighth grade students because we believe that this age group can better understand and grasp the larger concepts of faith, doctrine, the church, and more. Our new confirmation class will take place alongside our Life Groups that meet on Wednesday nights beginning August 28, 2019 and continuing through May 2020. This class will focus on Methodist doctrine and church history as well as feature trips to other places of worship, a weekend retreat and more! We want our students to be grounded in what they believe and this class encourages students and their parents to discover core Christian beliefs, ask the difficult questions, and to learn that the Christian life is a journey that lasts a lifetime and is not just a one-time decision made to follow Jesus. High school students wishing to take part in this class are also welcome. For more information about Confirmation at Long's Chapel or to sign up please connect with Shawn Winburn, Director of Student Ministries at 828.456.3993 ext. 205.

PARENT ORIENTATION

Sunday at 4:00 pm | Underground | August 25

All parents of our 6th through 12th grade students are invited to join us to learn all about Revolution Student Ministries! We will share our vision, the yearly calendar, our methods of communication, and much more! Whether you have been a part of our student ministries for a while or are just now joining us, please plan on being a part of this informative and fun evening as we look to partner with our families to *REACH GROW* and *SERVE* together!

LCKIDS MINISTRIES - SUNDAYS

LCKids who worship with their families are encouraged to pick up a worship clipboard available at the Welcome Center or Venue Café before any of the worship services.

Note - August 18 there will only be nursery offered due to back-to-school celebrations in worship.

Please see a First Impressions leader for assistance or more information.

NURSERY

Sundays at nine35 & 9:40 am Worship Services Only

A nursery is available downstairs for ages birth to preschool during each of our services. Due to construction, we kindly ask that you only use the stairs located near the Venue to travel to the children's area.

HOLY MOLY: CHILDREN'S CHURCH

Sundays at nine35 & 9:40 am Worship Services Only

Holy Moly! It's a new, fun experience for grades K-5 at the nine35/9:40 hour, where children will be able to worship and learn about God on Sunday mornings!

After checking in prior to worship in either the Venue Cafe or Gathering Area, children will begin in worship at either worship service. Then, they will be dismissed with their Holy Moly Leaders to experience Holy Moly: Children's Church! Children must have a name tag in order to participate in Holy Moly after being dismissed in worship.

Holy Moly helps to integrate children into worship while also helping them deepen their faith through a Bible-centered curriculum in a way that's relevant to them!

At the end of worship, families will then head downstairs to pick up children from Holy Moly.

Please note that Holy Moly will be replacing traditional "Sunday school" for grades K-5 at the nine35/9:40 hour and that Children's Church at other hours in its former iteration will no longer be offered as well as the 8:20 children's message.

LCKIDS MINISTRIES - WEDNESDAY EVENINGS

NURSERY

Wednesdays, 6:30 pm-7:30 pm | August 21-November 13

The Nursery will be available for ages birth - preschool during the Wednesday evening classes. Please note that children must be picked up no later than 7:45 pm.

Please also note the important changes below indicating new opportunities for grade-level children. Childcare for grade-level children who are not enrolled in LCKids Choir will not be available for the fall semester.

LCKIDS CHOIR

Wednesdays, 6:30 pm-7:30 pm | September 11-November 13

Children grades K-5 are invited to be part of the first ever semester of LCKids Choir.

LCKids Choir will be about much more than just singing together. Children will learn about music theory, rhythm, as well as learn from special guests throughout the semester.

In addition, children will learn more about their faith and how music can teach us more about God, others, and what it means to be a follower of Christ.

An end-of-semester "performance" will take place on Sunday, November 10, at the nine35 worship service. Mark your calendars now!

Pre-registration is required. Register at:

<https://longschapel.churchcenter.com/registrations/events/276854>

OTHER LCKIDS PROGRAMMING

Join the LCKids Facebook group and subscribe to LCKids emails to help make sure you don't miss any of the additional programming and events for the fall semester!

CLASSES BY DAY INDEX

MONDAY

■ PSALMS CLASS..... 9

TUESDAY

● SCRIPTURES AND S'MORES 5

● LADIES BIBLE STUDY 8

■ TUESDAY MORNING
MEN'S BIBLE STUDY 8

■ TUESDAY NIGHT
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