



175 Old Clyde Rd. Waynesville, NC 28785
828.456.3993 | LongsChapel.com |   @LongsChapel

trail guide

EARLY SPRING 2020



LONG'S CHAPEL
GROW MINISTRIES

Welcome to the Early Spring 2020 Trail Guide!

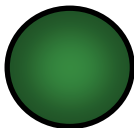
A true sign of life is growth. Plants grow. Trees grow. Kids grow. We grow. God's love fuels our growth. Growth in faith happens as we engage in experiences that allow God to stretch our imaginations and our hearts in our relationships with God and one another.

Long's Chapel exists to worship and *SERVE* God by reaching others and growing together as passionate followers of Jesus, because ALL people matter to God. We are called to *REACH* others, *GROW* together, and *SERVE* passionately. It is our hope that this guide will help you to find ways to *GROW* together.

In this edition of the Trail Guide, you will find a variety of *GROW* opportunities available at Long's Chapel. Some of the groups are seasonal studies, some are year-round.

Here in Western North Carolina we are blessed by beautiful mountains and trail systems that help us to navigate anything from simple to rugged terrain. In this edition of our Trail Guide, we are using trail symbols to help you to navigate the *GROW* Group opportunities that we offer. These symbols serve as a guide and remember that all are welcome to attend any of the *GROW* Groups that we offer. It is our prayer that you will be blessed abundantly as you seek to *GROW* together in your relationships with God and one another.

We Offer Three Types of GROW Groups



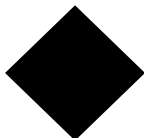
EXPLORING
GROW Groups

Are designed for those who are seeking to find joy, purpose and fulfillment in their lives. You might be searching for God's presence and hoping to *GROW* more toward living a life in Christ.



DEVELOPING
GROW Groups

Are for disciples who are living into a committed relationship with Jesus. You might be seeking opportunities to explore the Scriptures more in-depth, or maybe you are longing to understand how God might be calling you to engage in the church, community, or the world.



MATURING
GROW Groups

Are for people who are moving toward a life of a disciple who is totally devoted to Jesus. You might be seeking study opportunities that will further your understanding of knowledge of God, love of God, obedience to God, serving in the church, reaching into the world, and making disciples.



CHILDREN'S CHURCH - EPIC SUNDAYS

Sundays | 9:00 am, 10:10 am, 11:11 am

LCKids provides developmentally appropriate discipleship for children of all ages during all three worship hours on Sunday mornings. We explore the EPIC Teachings of the Bible with the enduring lessons of the Old and New Testaments. Kids build a foundation that guides them in living God's way. We dig into Scripture such as the Fruit of the Spirit, Armor of God, and Psalm 23. LCKids actively discover that the Bible matters and is a loving letter from a God who understands them.

During the 11:11 service, LCKids will be a time for children to be with one another learning more about choosing to follow Jesus. They will have a devotional time together and then deepen their faith with a video game platform known as The Aetherlight. (Pick up/drop off in Room 312 in the Children's Area.)

JAMMIN' LAMBS

Sundays | 10:10 am

LCKids learn ways to worship God through song and dance. Our Jammin' Lamb leaders bring in the joy that comes from praising God in all that we do.

WE SERVE WEDNESDAYS

Wednesdays 6:30-7:30 pm | Room 312, Children's Hall

On Wednesday nights, LCKids use the foundational stories of the Bible to serve our community and our church. This midweek offering is quick but packed with power. Beru, the amazing Golden Pyrenees, is training to be a therapy dog. Our LCKids serve as her trainers each week as they guide her with on-the-job preparation so that she can one day work with kids in crisis. Along the way, our LCKids learn to read and tell the Bible stories in creative ways including music and drama. They also learn that spiritual disciplines, like obedience training, come from relationship with Christ, learning to recognize His voice, and living for God daily.

NURSERY

Nursery is available downstairs for ages birth to preschool during each of our services at Long's Chapel. Nursery is also available on Wednesday evenings, 6:20-7:30, for small groups. Check-in and classrooms for the nursery can be found downstairs in the Children's Area.



8TH GRADE CONFIRMATION

Wednesdays at 6:20 pm | Begins Fall of 2020

Our student ministry has moved our Confirmation Class from our sixth grade students to our eighth grade students because we believe that this age group can better understand and grasp the larger concepts of faith, doctrine, the church, and more. This class will focus on Methodist doctrine and church history as well as feature trips to other places of worship, a weekend retreat and more! We want our students to be grounded in what they believe and this class encourages students and their parents to discover core Christian beliefs, ask the difficult questions, and to learn that the Christian life is a journey that lasts a lifetime and is not just a one-time decision made to follow Jesus. High school students wishing to take part in this class are also welcome. For more information about Confirmation at Long's Chapel or to sign up please connect with Shawn Winburn, Director of Student Ministries at 828.456.3993 ext. 205.

PARENT ORIENTATION

Sunday at 5:00 pm | Underground | February 2

All parents of our 6th through 12th grade students are invited to join us, Sunday February 2, to learn all about Revolution Student Ministries! We will share our vision, the yearly calendar including summer trips and fundraisers, our methods of communication, and much more! Whether you have been a part of our student ministries for a while or are just now joining us, please plan on being a part of this informative and fun evening as we look to partner with our families to *REACH, GROW, and SERVE* together!

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To learn more, or for any questions about classes, please contact:

ADULTS:

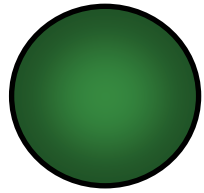
Rev. Tom Owens at 828.456.3993 Ext. 201 or Tom.Owens@LongsChapel.com

REVOLUTION STUDENTS (GRADES 6TH-12TH):

Shawn Winburn at 828.456.3993 Ext. 205 or Shawn.Winburn@LongsChapel.com

LCKIDS (BIRTH THROUGH 5TH GRADE):

Sally Hundley at 828.243.3424 or Sally.Hundley@LongsChapel.com



ADULT EXPLORING GROW GROUPS

Are designed for those who are seeking to find joy, purpose and fulfillment in their lives. You might be searching for God's presence and hoping to GROW more toward living a life in Christ.



PUB THEOLOGY

2nd and 4th Tuesdays at 6:00 pm | BearWaters Brewing Co., Canton | Ongoing, beginning February 11

This group will embrace the opportunity of having open and honest conversations around faith, the Bible, and other topics related to theology and life. It will be a safe environment where folks can share their experiences, their ideas, and their questions. We expect to share some laughs and enjoy some relationship building along the way.

This class is facilitated by Tom Henderson Owens.
Tom.Owens@LongsChapel.com | 540.255.8232



LIFE LESSONS FROM WOMEN IN THE BIBLE WOMEN ONLY

Wednesdays at 6:20 pm | Room 600 | February 5-April 1

This study explores the lives of women in the Bible and challenges women today to apply what they learn. This Bible study is helpful to new believers who are beginning to study God's Word, as well as mature Christians who desire a deeper understanding of Scripture. Focus on women in various ages and stages of life and dive into the culture, families and testimonies of these women. Learn from both their wisdom and mistakes.

This class is facilitated by Elizabeth Meschke.
Elizabeth.Meschke@LongsChapel.com | 828.318.4006



AN INTRODUCTION TO DISCIPLESHIP BANDS

Wednesdays at 6:20 pm | Room 208/210 | February 5-April 1 and April 15-May 20

This class is an introduction to the structure and purpose of the Wesleyan discipleship band meetings, and an opportunity to consider forming a band with others. The discipleship band is not a traditional small group, another Bible study, a classic accountability group, or a community service group. The band is a group of three to five people who read together, pray together, and meet together to become the love of God for one another and the world. This relationship may be what you are looking for. Come join us to see how God can work through relationships with others to change us and those around us!

This class is facilitated by Chris Westmoreland.
Chris.Westmoreland@LongsChapel.com | 704.565.0339



MIDDLE SCHOOL BOYS LIFE GROUP

Wednesdays at 6:20 pm | Room 202

Boys in the 6th through 8th grades are given opportunity to build closer relationships with each other and with God. This incredible group of young guys will be led by fun and amazing adult men who *SERVE* as mentors and spiritual directors in their lives. This group has an engaging curriculum to inspire and conjure thoughtful conversation about their spiritual journeys. The goal is to deepen their faith and trust in God as well as to feel like they can open up with their peers and learn to support one another. We usually have a time of tossing around a ball or similar activity. The group is facilitated by Ralph Michael, Jessie Ross, and Shawn Winburn.



HIGH SCHOOL GUYS LIFE GROUP

Wednesdays at 6:20 pm | Martin House

Students in the 9th through 12th grades are given the opportunity to build closer relationships with each other and with God. This incredible group of young guys will be led by fun and amazing adult men who *SERVE* as mentors and spiritual directors in their lives. This group has an engaging curriculum to inspire and conjure thoughtful conversation about their spiritual journeys. The goal is to deepen their faith and trust in God as well as to feel like they can open up with their peers and learn to support one another. This group is facilitated by Shaun Sandefur, Bill Lamar, Matt Hoyle, and Dalton Greer.



THE PERSISTERHOOD HIGH SCHOOL GIRLS LIFE GROUP

Wednesdays at 6:20 pm | Room 204

Students in the 9th and 10th grades are given the opportunity to build closer relationships with each other and with God. The incredible group of young ladies will be led by fun and amazing adult women who *SERVE* as mentors and spiritual directors in their lives. This group has an engaging curriculum to inspire and conjure thoughtful conversation about their spiritual journeys. The goal is to deepen their faith and trust in God as well as to be vulnerable with their peers and learn to support one another. The group is facilitated by Lindsey Ebaugh, Judy Dodson and Kristin Gruner.



HIGH SCHOOL GIRLS DELIGHT LIFE GROUP

Wednesdays at 6:20 pm | The Underground

Students in the 11th and 12th grades are given the opportunity to build closer relationships with each other and with God. This incredible group of young ladies will be led by fun and amazing adult women who *SERVE* as mentors and spiritual directors in their lives. The group has an engaging curriculum (Delight) to inspire and conjure thoughtful conversation about their spiritual journeys. The goal is to deepen their faith and trust in God as well as to be vulnerable with their peers and learn to support one another. The group is facilitated by Melanie Sandefur, Wendy Ebaugh, and Kathryn Clontz.



MIDDLE SCHOOL SUNDAY SCHOOL

Sundays at 9:00 am | Room 203 | Begins February 2

Students in the 6th through 7th grades will be studying the Old Testament using an innovative teaching curriculum called *Collaborate* and will incorporate aspects of the confirmation teaching process that will help prepare rising 7th grade students for their confirmation experience in their 8th grade year. Middle School Sunday School is led by Kristy Michael, Jessie Ross, and Jennifer Rogers



HIGH SCHOOL SUNDAY SCHOOL

Sundays at 9:00 am | The Underground | Begins February 2

Students in the 8th through 12th grades will be involved in an Old Testament study called *Old Testament for Dummies* which serves as a survey of major events, people, and passages of Scripture that we want our teens to be aware of. Through creative and thoughtful conversation, we will engage biblical teaching with culturally relevant issues that are a part of a high schooler's life. High School Sunday School is led by Becky Jarrell, Paulette Camp, Don Ebaugh and Shawn Winburn



REVOLUTION SUNDAY NIGHT YOUTH

Sundays at 3:45-6:30 pm | The Underground

Everyone is invited to gather with us as we play all kinds of unique and fun games, hang out in The Underground, sing our hearts out in worship led by the youth praise band, engage in thought-provoking messages by the youth leaders, and get into breakout group sessions to get deeper into understanding what it means to be a teenager who desires to be a part of God's kingdom here on earth! You are asked to bring a donation for our Compassion Kids each Sunday. Come out and be a part of our amazing youth family.



MIDDLE SCHOOL GIRLS LIFE GROUP

Wednesdays at 6:20 pm | Room 203

Girls in the 6th through 8th grades are given opportunity to build closer relationships with each other and with God. This incredible group of young girls will be led by fun and amazing adult women who *SERVE* as mentors and spiritual directors in their lives. This group has an engaging curriculum to inspire and conjure thoughtful conversation about their spiritual journeys. The goal is to deepen their faith and trust in God as well as to be vulnerable with their peers and learn to support one another. The group is facilitated by Kristy Michael, Joann Webb and Lynn Lamar.



GET MY PEOPLE GOING

Wednesdays at 6:20 pm | Room 108 | February 5-April 1 and April 15-May 20

Take a healthy lifestyle challenge with others from our congregation. This invitation encourages you to identify small changes in your life that would help you be healthier. You choose two or three areas you would like to work on. You set your goals and we will journey together. Bring your Bible!

The class is facilitated by Cynthia Warner.
ncsupermama@yahoo.com | 828.243.5000



PURE IN HEART

Wednesdays at 6:20 pm | Room 102/105 | Ongoing

Pure in Heart is a discipleship and fellowship opportunity for special needs adults. We engage in developmentally-appropriate crafts, activities, and Scripture lessons.

The class is facilitated by Tracy Fisher.
tracyleashinn@gmail.com | 828.400.4080



MOM 2 MOM WOMEN ONLY

Thursdays at 6:30 pm | Room 208/210 | Ongoing

Motherhood is a rewarding journey, but it can also be very challenging. Mom 2 Mom is a group where moms of all ages are welcome to come together to learn what it means to be a godly mother while keeping your sanity in check. Whether you are an expectant mom looking for guidance, a mom with grandchildren looking to share or gain hope and wisdom, or anywhere in between, Mom 2 Mom is a safe, supportive, and encouraging place to share your struggles and triumphs and learn more about godly motherhood.

This class is facilitated by Rebekah Reeves and Laura Greer.
rebekah10788@yahoo.com | 828.734.5785
laurasgreer@yahoo.com | 336.937.4166



Adult Developing Grow Groups

Are for disciples who are living into a committed relationship with Jesus. You might be seeking opportunities to explore the Scriptures more in-depth, or maybe you are longing to understand how God might be calling you to engage in the church, community, or the world.



DISCIPLE'S PATH

Sundays at 5:00 pm | Room 210 | February 9-March 22

This will be a series of classes for new members in which we will explore what it means to be a disciple of Jesus, to follow Him more closely, and to put into practice what we say we believe as Christians and United Methodists. You will hear doctrine, theology, and spiritual practices presented from a Wesleyan perspective, the Methodist way of living out salvation. We will share the study of discipleship in a practical and scriptural way for six weeks. This class is presented from a scriptural and Wesleyan perspective while encouraging those from other religious traditions to share as we grow together as Jesus followers.

This class is facilitated by Tim McConnell.
Tim.McConnell@LongsChapel.com | 828.508.2610



WOMEN'S PSALMS STUDY WOMEN ONLY

Mondays at 10:00 am | Room 208/210 | Ongoing

The Psalms class is a group of women who gather weekly to study a psalm, discuss its meaning and ways it can be applied to our lives. We gather in a community of support and love with time to uplift one another through prayer. Come one week; come every week. We welcome seasonal residents and vacationing visitors.

This class is facilitated by Denise Loock.
deniselock@gmail.com | 908.868.5854



TUESDAY MORNING MEN'S BIBLE STUDY MEN ONLY

Tuesdays at 7:30 am | Room 208/210 | Ongoing

All men and guests are welcome to attend this Bible study, prayer, and fellowship. Lessons are led by participants on a rotating basis. The study focuses on the Old and New Testament books of the Bible. The group prepares and serves breakfast at The Open Door the 4th Tuesday of each month at 7:00 am.

This class is facilitated by Randy Carlson and Bill Jarrell.
rcarlson@georgiasouthern.edu | 912.531.4868
billjarrell0831@yahoo.com | 828.550.0409

SPIRIT BUILDERS

Sundays 10:00 am | Room 208/210

Spirit Builders is an adult class of all ages focused on strengthening the spiritual development of each individual and learning together as a community in Christ. We are a discussion-type class that allows individuals to question and comment on the subject matter that touches their needs in spiritual growth. In addition to class time on Sundays, we also have social gatherings to further our relationships and experiences together. We are a family within the body of Christ at Long's Chapel. Contact the church office for details.

TULLIS

Sundays at 10:10 am | Fellowship Hall

The Tullis class is a group of mature adults who use a Bible-based curriculum that is endorsed by the United Methodist Church that connects the Scriptures to everyday life.

FRIENDSHIP

Sundays at 4:30 pm | Room 202

The Friendship class is a diverse class for the young and young-at-heart who look to God's Word as the foundation for facing life. Topics related to life as a Christian (social wisdom, faith application, and hearing God) are studied and discussed. We strive to GROW spiritually and care for and support each other. We GROW together through fellowship outside of class as we celebrate the special events and achievements in each other's lives. There is a strong support network within the class through our established prayer chain. If you enjoy a fun-loving, open-minded Christian experience, come join us.

SPECIAL ADULT GROW OPPORTUNITIES

THE WALK TO EMMAUS

The Walk to Emmaus is an experience of Christian spiritual renewal and formation that begins with a three-day short course in Christianity. It is an opportunity to meet Jesus Christ in a new way as God's grace and love is revealed to you through other believers.

Interested in the Walk to Emmaus?

Contact Rev. Tom Owens at Tom.Owens@LongsChapel.com to discuss more and find out about upcoming dates in western North Carolina. Or visit <http://emmaus.upperroom.org/>

Emmaus Alumni Opportunities:

Men: Wednesday mornings at 7:00 am at the Kornerstone Kafe
Women: Wednesday mornings at 8:30 am at the Coffee Cup Café

ADULT SUNDAY SCHOOL OPPORTUNITIES

DUGAN-LUNDY

Sundays at 9:50 am | Room 102/105

A class devoted to a methodical, detailed study of the Scriptures, seeking to discover the full meaning of God's Word. A highly qualified facilitator leads a free and open discussion as the class examines each chapter and verse for meaning that might be missed by a casual reader. This class is for the more serious Bible students who enjoy the process of learning.

CHECK IT OUT

Sundays 10:00 am | Room 600 (modular)

Our class is a lively, active group of local and seasonal residents. Delectable snacks and fellowship proceed biblical lessons with a mix of spirited discussions, book studies, or short videos led by five different facilitators. Come and join us as we celebrate and invest in one another, community, and life by men's and women's Bible studies, ladies' weekly lunches and volunteer groups. Come and Check It Out!

SON RISE

Sundays at 10:00 am | Sanctuary

The Son Rise class is an opportunity for spiritual growth, study, and fellowship. We study a variety of biblical topics and have fruitful discussion each week.

JIF (JOURNEY IN FAITH)

Sundays 10:00 am | Room 202

Everyone is welcome to the JIF (Journey in Faith) class. We are a truly multi-generational class that focuses on building relationships as we *GROW* in our faith together. Each week we engage in Scripture-based studies, enjoy delicious refreshments, join in fellowship and prayer for our community, and *GROW* in our knowledge of God and each other.

KOINONIA

Sundays at 10:00 am | Lake Junaluska Fire Station (across the street from Long's Chapel)

Gain a deeper understanding of God's Word and purpose for our lives through the teaching and discussions led by our rotating teaching team. Participate in outreach through class-supported missions. Develop and deepen friendships at class social events. Visit and meet the generous, caring, giving, and loving folks you will want to unite with in the Koinonia class.



WOMEN'S BIBLE STUDY WOMEN ONLY

Tuesdays, 1:30-3:00 pm | Room 600 (modular) | Ongoing



This group will be studying *Epic of Eden* by Sandy Richter. This Christian entry into the Old Testament is put in a usable order—a history of God's redeeming grace. A story that runs from the Garden of Eden to the garden of the New Jerusalem. Whether you are a frustrated do-it-yourselfer or a beginning student, this book will organize your understanding of the Old Testament and renew your enthusiasm for studying the Bible as a whole.

This class is facilitated by Sandy Breitmeier.

sandy@breitmeier.org | 321.917.2515



TUESDAY NIGHT MEN'S BIBLE STUDY MEN ONLY

Tuesdays at 6:00 pm* | Room 208/210 | Ongoing



The class provides an opportunity for men to gather for conversation, fellowship, and Bible study. No Bible knowledge is required, because we learn and *GROW* together. We begin with a fellowship meal (bring your own meal), but all men are welcome with or without food. *Fellowship meal begins at 6:00 pm and study at 6:30 pm.

This class is facilitated by Sonny Lescalleet and Jim Matthews.

Sonny - 828.550.3968

Jim - jimlynmatt@gmail.com | 828.400.8197



LUKE AND ACTS: THE CHRISTIAN REVOLUTION

1st and 3rd Tuesdays at 7:30 pm | Mad Anthony's, Waynesville | February 4-March 31 and April 14-May 20



Here we dive deep into the early Christian movement, viewing it through the lens of a social and spiritual revolution. We're going to look at the social and economic environment in which the movement was born, look at Jesus' speeches and reflect upon how the language was charged with political nuance, and how attention to the poor and oppressed sparked a grassroots movement that overturned the order of the Roman Empire.

This class is facilitated by Jedidiah Tate.

jedtate@gmail.com | 828.226.1715



A FIRM FOUNDATION

Wednesdays at 6:20 pm | Venue | February 5-April 1 and April 15-May 20

Hope and vision for a new Methodist future. What does it mean to remain faithful disciples to Christ in a theological tradition of historical Methodism in the culture of our day and time? This class will be helpful in dealing with the present social and spiritual challenges, as well as the future promise for people called Methodists. We will explore the guiding principles of John Wesley's countercultural movement which changed the world by changing lives. These principles can still transform lives today!

This class is facilitated by Tim McConnell.
Tim.McConnell@LongsChapel.com | 828.508.2610

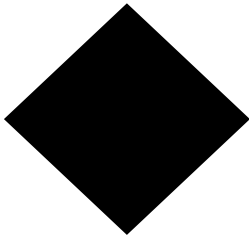


POVERTY IN APPALACHIA

Thursdays at 4:40 pm | The Open Door | February 6-April 2 and April 16-May 21

This group will gather to discuss some of the challenges surrounding poverty, addiction, and homelessness that are unique to the geographical region of Appalachia. Through the sharing of experiences, the study of literature related to the topic, and an exploration of where the church is called to take action around such topics, this open-ended topical discussion will provide a space for folks to gather and learn.

This class is facilitated by Bill Guy.
Bill.Guy@LongsChapel.com | 828.508.1972



ADULT MATURING GROW GROUPS

Are for people who are moving toward a life of a disciple who is totally devoted to Jesus. You might be seeking study opportunities that will further your understanding of knowledge of God, love of God, obedience to God, serving in the church, reaching into the world, and making disciples.



CHRISTIAN WRITERS FELLOWSHIP GROUP

3rd Wednesday at 1:00 pm | Room 208/210 | Ongoing

The mission of the Christian Writers Fellowship of Western North Carolina is to encourage people to share their stories in a safe environment, improve their writing skills, and glorify God with the words they write.

This class is facilitated by Denise Loock and Laura Greer.
deniselock@gmail.com | 908.868.5854
lauragreer@yahoo.com | 828.515.0447



THE BIBLE: SO MISUNDERSTOOD IT'S A SIN

Wednesdays at 6:20 pm | Room 600 (modular) | April 15-May 20

Why do so many people today have conflicting interpretations of Scripture? How did writers in antiquity record history differently than we do today and similar to how writers do today? What is "Oral Tradition" and how does its history affect Scripture? What does "Biblical Authority" mean? What does "Biblical Truth" mean? In this course, we'll explore many of these questions and more by taking at an in-depth look at the cultures that developed what has become our current Biblical Canon, how they were influenced by surrounding civilizations, and how the Bible as we know it today came into being.

This class is facilitated by Rev. Chris Westmoreland and Rev. Tom Owens.
Chris.Westmoreland@LongsChapel.com | 704.519.9660
Tom.Owens@LongsChapel.com | 540.255.8232